



Service above self...

# OWENSBORO'S ROTARY IMPETUS

...since 1915

Vol. 53, No. 36

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April 6, 2009

## Programs

**This Week's Program:** Laswell Scholarship Awards / Sen. Jim Bunning

### Upcoming Programs:

- Apr. 15 Club Assembly
- Apr. 22 Mayor Ron Payne
- Apr. 29 Rotary Regional Speech Contest

Program Chair for April is **John Kazlauskas**

## News & Announcements

- **Good News!!** Rotary International has accepted our matching grant request for \$6,600.00.
- The District Conference is set for May 28-31. See **President Tom Smith** if you'd like to attend.
- Our club will sponsor two campers to the RYLA Camp in Greenville, KY, this summer. **Steve Gardner** will work with the schools to select the two 9<sup>th</sup> grade campers.
- This month's Club Assembly will include a questionnaire about your interests in Rotary. Please begin thinking about which committees you would like to serve on.
- The team project for the current Rookies Team is set for 10 a.m. this Saturday, April 4, at the Daviess County Public Schools District Office, where they will test the ram pump to be used for our water project in Uganda.

## April is Magazine Month on the Rotary Calendar

Share your copy of **The Rotarian** with a friend.

It's a great way to introduce Rotary to a potential new member. Also check out Rotary's other publications on the Web at <http://www.rotary.org/en/MediaAndNews/TheRotarian/Pages/ridefault.aspx>.



## Your President Speaks...

Spring has sprung and it is a time of hope and greater well-being now that old man winter is behind us for another year. And what a winter it was! Now that the sun is shining and song birds are chirping it is a good time to take stock of our lives. Mental and physical spring cleaning you could call it!

Our secretary, **Dean Ehrenheim**, is always a great constant reminder of health and fitness in our club, with his column in the paper and his representation of the YMCA. Marianne Smith Edge, our speaker today, brought health issues to the fore again. We all know and believe the old adage, "If you haven't got your health, you haven't got much"

I encourage each of you to find something enjoyable that gets the old heart rate up. Make it a fun activity that engages you mentally as well as physically. Our material shrines were not designed for all the sitting around that we do, since just a generation or two ago most people had to toil and sweat to make their living. We all strive for a balanced life, but do we really give our bodies and health the attention they deserve? Use these coming spring time days and commit to taking a walk or slow jogging or play some tennis... it is good for the soul... and you'll sleep better too!

**THINK BIGGER!!**

See you next week, *President Tom*

## Meeting Notes from April 1, 2009

**PRAYER, PLEDGE & 4-WAY TEST:** Roger Coomes

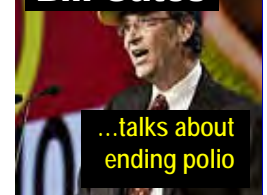
**ATTENDANCE & GUESTS:** Bruce Kuegel reported 48 members and 3 guests present.

**NEW MEMBER PROPOSAL:** President Tom Smith announced a 7-day wait for potential member Tom Gaston.

**PROGRAM:** John Kazlauskas introduced speaker Marianne Smith Edge, chairperson of Healthy Horizons. Marianne is a former president of the National Dietetics Association, has co-authored two books, is a 2005 graduate of Leadership Kentucky, and 2006 recipient of the Athena Award. Marianne shared the purpose of Healthy Horizons, a group formed in 2001 to impact the health of our community. The group's goal is to make Owensboro the healthiest community in Kentucky. It is a collaborative group of health professionals and concerned citizens focusing on health gaps in the areas of smoking cessation, personal weight loss, promoting physical activity, and curbing substance abuse in diabetes. Marianne closed with an invitation to anyone in the Rotary Club to join Healthy Horizons, promising there is no "weight test" to join.

On 21 January, the Bill & Melinda Gates Foundation pledged \$255 million to help underwrite Rotary's commitment to eradicate polio. That amount came in addition to the \$100 million Gates Foundation challenge grant awarded in Nov. 2007. Listen to Bill Gates talk about working with Rotary at [http://www.rotary.org/en/MediaAndNews/News/Pages/090304\\_news\\_gatesaudio.aspx](http://www.rotary.org/en/MediaAndNews/News/Pages/090304_news_gatesaudio.aspx).

**Bill Gates**



...talks about ending polio

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2008/09  
Rotary International  
Theme

### *The 4-Way Test*

*Of the things we think, say or do:*

- *Is it the Truth?*
- *Is it fair to all concerned?*
- *Will it build good will and better friendships?*
- *Will it be beneficial to all concerned?*

### **Rotary Reminders**

- Don't forget to make up your missed meetings at Daviess County Rotary at Moonlite at 7 am on Tuesday.
- If you have an email address and are not receiving the *Impetus* online, or you have changed your email address, please send that information to [kim@mediaworksadvertising.com](mailto:kim@mediaworksadvertising.com).

Please mail any questions, suggestions, or comments regarding the *Impetus* to:

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Owensboro, Kentucky 42303

**Visit Owensboro Rotary on the Web!**

**[www.owensbororotary.org](http://www.owensbororotary.org)**

### **Meeting Information**

#### **Meeting Time:**

Every Wednesday at 12:00 noon

#### **Meeting Location:**

Owensboro Country Club  
400 E. Byers Avenue  
Owensboro, Kentucky 42303

### **2008/09 Club Officers**

President: Tom Smith  
Vice President: Patty Ray  
Past President: Patrick McNulty  
Secretary: Dean Ehrenheim  
Treasurer: Bob Nation